## Friends of Abingdon Bank Holiday Walks Monday 27<sup>th</sup> May 2024

All walks leave from the Market Place. No booking in advance of the day, but both morning and afternoon walks can be booked from 10.00 on the day.

As well as the guided walks, you can do your own thing with our self-guided trails – pick up a leaflet from our stall or download it from <a href="https://example.com/here">here</a>.

Morning walks - leave 10.30am

**Biodiversity walk** around the Abbey Meadows with John Killick. John is a respected author and expert on biodiversity. He will share his wealth of knowledge and enthusiasm for the natural world.

Duration 1 hour. Distance will be determined by the pace of a gentle ramble. 15 participants

**Edible Abingdon**. Stroll around the 3 Edible Abingdon sites at Old Station House, Abbey Garden and Abbey Meadows with Petra Greenland and Sharon Betts who tend to these areas as volunteers. At these sites grow a variety of vegetables, herbs, fruit & pollinator friendly flowers which are available for the public to pick. During the walk you will find out about Edible Abingdon, the plants they are growing, how easy it is to grow some of your own food & the importance of encouraging biodiversity.

Duration up to 1 hour. Distance less than 1 mile on level, accessible surfaces suitable for children in buggies/ mobility scooters. 10 participants

**Boundary Walk.** Come and walk the old 1556 boundary of Abingdon accompanied by a Town Crier and a walk leader and the discover the fascinating history of 'beating the bounds'.

Duration 2 hours. Distance 4 miles. 20 participants

The history of Abingdon's public houses. In the capable hands of Richard Bosley you will be entertained and probably surprised by the history of drinking and brewing in Abingdon. Duration 1 ½ hours. Distance 1 ½ miles. 15 participants

## Afternoon Walks - leave 2pm

**Art walk** around Abingdon. Abingdon town has some interesting and delightful public art. Alastair Fear will share his knowledge of the significance and history of some of the most interesting pieces.

Duration 1 ½ hours. Distance 1 ½ miles. 12 participants

**Rivers of Abingdon.** This walk lead by Martin Buckland will reveal all the rivers around Abingdon and up to the ancient lock in Swift Ditch. You will find out the location and history of the rivers under and around Abingdon. Those who don't want to walk as far as the Swift Ditch can drop out at the modern Abingdon Lock. Also included will be the entrance to the Wilts & Berks Canal near Margaret Brown Gardens.

Full walk. Duration 2 ½ hours. Distance 4 ½ miles Shorter walk. Duration 1 ½ hours Distance 3 miles. 20 participants.

**Nature walk** lead by an expert local naturalist David Guyoncourt on behalf of the Naturalist Society and Radley Lakes Trust. You will get an opportunity to look at the wildlife of Barton Fields, Nyatt Field, the Thames and Orchard Lake and hear about the future plans for these areas.

Duration 2 ½ hours. Distance 4 miles.15 participants

**Abingdon's Oppidum.** A great opportunity to discover some of the ancient history of Abingdon as you are shown where the Iron Age/Roman Oppidum once existed, the fortified ramparts of Abingdon. Guided by Jeff Wallis on behalf of the Abingdon County Hall Museum.

Duration 1 hours Distance 1 miles. 10 participants